IDA-TALLINNA KESKHAIGLA

AS Ida-Tallinna Keskhaigla
Ravi 18, 10138 Tallinn
Rg-kood 10822068
Tel 666 1900
E-post info@itk.ee
www.itk.ee

Triglycerides

Triglycerides (Trigl) or fats are one of the primary sources of energy for the organism as stored fats and also a building block for cells.

After a meal, triglyceride blood levels are higher. A persistently high blood level of triglycerides indicates a lipid metabolism disorder. It’s recommended to fast for 8 hours before the test.